



## Benefits and Rewards for Members with Diabetes

**We've made it easier for Blue Advantage (PPO) members who are diabetic to afford their insulin and testing supplies. Members can even earn extra incentives by making management of their diabetes a priority!**

### Insulin Savings Program

Blue Cross® and Blue Shield® of Alabama is participating in the Part D Senior Savings Model, also known as the Insulin Savings Program. This provides Blue Advantage members with diabetes formulary insulins at a maximum \$35 copayment per month's supply with NO deductible! This gives members predictable, stable copayments for insulin and helps you save money on drug costs.

Out-of-pocket costs for formulary insulins at Preferred retail pharmacies and Preferred Home Delivery Pharmacies noted below will be a **\$28** copayment. If you use a Standard retail pharmacy, it will be a **\$35** copayment. Blue Advantage members pay the same amount (based on pharmacy) in Stage 1 (deductible phase), Stage 2 (initial coverage) and Stage 3 (coverage gap / "donut hole"). The reduced cost sharing in Stage 4 (catastrophic coverage) will still apply.

#### Formulary Insulins Included in the Insulin Savings Program:

BASAGLAR	LANTUS
HUMALOG	LEVEMIR
HUMALOG MIX	LYUMJEV
HUMULIN 70/30	TOUJEO
HUMULIN N	TRESIBA
HUMULIN R	

### To find Preferred pharmacies near you:

- Visit: **AlabamaBlue.com/MyPharmacies**
- Enter your zip code to view Preferred pharmacies in your area
- Or call 1-855-574-3170 (TTY 711), 8 a.m. to 8 p.m., 7 days a week,<sup>§</sup> for assistance.

### To receive your medications by mail, choose from these five Preferred Home Delivery Pharmacy options:

<b>Express Scripts® Pharmacy*</b>	<b>1-833-715-0967</b>	<b>www.express-scripts.com/rx</b>
<b>AllianceRx Walgreens Pharmacy*</b>	<b>1-800-731-3588</b>	<b>www.alliancerxwp.com</b>
<b>Kroger PPS*</b>	<b>1-800-552-6694</b>	<b>www.ppsrx.com</b>
<b>Amazon Pharmacy*</b>	<b>1-855-793-5326</b>	<b>https://pharmacy.amazon.com</b>
<b>Costco*</b>	<b>1-800-607-6861</b>	<b>www.costco.com/home-delivery</b>

### Diabetic Testing Supplies

Members who use diabetic test strips and blood glucose meters to manage their blood glucose will have a **\$0** copay for Ascensia (CONTOUR) and LifeScan (OneTouch) products. Other manufacturers' products will not be covered without first trying an Ascensia or LifeScan product or qualifying for an exception for coverage.<sup>§§</sup> These restrictions apply when obtained at a retail pharmacy or by mail-order through our Preferred Home Delivery Pharmacies listed above.<sup>§§§</sup>

### Covered Diabetic Supplies:

#### Ascensia Meters

Contour Next One  
Contour Next EZ  
Contour Next

#### LifeScan Meters

OneTouch Verio Reflect  
OneTouch Verio Flex  
OneTouch Ultra2

#### Ascensia Test Strips\*\*

Contour Next Test Strips

#### LifeScan Test Strips\*\*

OneTouch Verio Test Strips  
OneTouch Ultra Test Strips

<sup>\*\*</sup>Test strips are limited to 204 per 30 days.

You can manage your diabetes and live a long and healthy life by taking care of yourself each day.

# Blue Advantage Rewards & Wellness Program with New Rewards for Diabetic Members

All Blue Advantage members are eligible to enroll in the Blue Advantage Rewards & Wellness Program, our health and wellness program with incentives for making your health a priority. You can even track your rewards online. All rewards you earn will be mailed to you in the form of a prepaid Walmart Healthy Living gift card,<sup>†††</sup> which can be used in store or online at Walmart.com.

**Earn rewards by completing any or all of the following activities you are eligible for:**

ACTIVITY	REWARD
Enroll in Blue Advantage Rewards & Wellness Program <sup>***</sup>	<b>\$10</b> gift card
Annual wellness visit	<b>\$25</b> gift card
Breast cancer screening (mammogram)	<b>\$25</b> gift card
Colorectal cancer screening	<b>\$25</b> gift card
Flu shot (given August 1 to December 31, 2023)	<b>\$10</b> gift card
<b>ADDITIONAL REWARDS FOR MEMBERS WITH DIABETES:</b>	
Diabetic eye exam	<b>\$10</b> gift card
One fill of a statin medication plus educational activity <sup>†</sup>	<b>\$15</b> gift card
Consistently fill diabetes medications plus educational activity <sup>†,††</sup>	<b>\$20</b> gift card

**Get started today!**



Enroll online at: **AlabamaBlue.com/GetStarted** and earn your first reward.  
Or call **1-877-634-2583 (TTY 711)**.<sup>‡</sup>



**Questions? Visit BCBSALMedicare.com or call  
Customer Service 1-888-234-8266 (TTY 711)<sup>§</sup>  
We're here to help!**

<sup>\*</sup>Express Scripts, AllianceRx Walgreens, Kroger PPS, Costco and Amazon Pharmacy are independent companies providing prescription drug home delivery services.

<sup>\*\*\*</sup>Only for new reward program enrollees.

<sup>†</sup>Eligible after two fills of your diabetes medication in 2023. Rewards will be calculated based on utilization of Part D prescription drug benefits (i.e., drugs dispensed by a Pharmacy) only. Insulins billed through Part B benefits (administered via a pump) do not qualify for this reward.

<sup>††</sup>Take your diabetes medications regularly so you have filled them at least 80% of the time you are supposed to be taking them in 2023.

<sup>†††</sup>Gift card may NOT be used for Optical, Prescriptions, Alcohol, Tobacco, Firearms, Ammunition, Lottery, Items at Register Aisles, Electronics, Toys, Seasonal Items, or Jewelry. After completing an activity, it may take approximately 8 – 12 weeks to receive the gift card. Online Rewards, Inc. is an independent company providing rewards (Walmart gift cards) to Blue Advantage members on behalf of Blue Cross and Blue Shield of Alabama.

<sup>‡</sup>Our hours are from 7 a.m. – 9 p.m. CST Monday – Friday. On weekends and holidays you may be required to leave a message. Calls will be returned the next business day.  
<sup>§</sup>We are available 7 days a week from 8 a.m. to 8 p.m. CST. From April 1 to September 30 and on weekends and holidays, you may be required to leave a message. Calls will be returned the next business day.

<sup>§§</sup>Work with your provider to obtain a new prescription for a preferred meter, or to submit an exception request to Prime for coverage exemption.

<sup>§§§</sup>Restrictions do not apply if supplies are obtained through a DME provider.

Benefits, premiums, deductibles and copayments/coinsurance may change on January 1 of each year. The formulary, pharmacy network and/or provider network may change at any time. You will receive notice when necessary.

Blue Advantage is a PPO with a Medicare contract. Enrollment in Blue Advantage (PPO) depends on CMS contract renewal. Blue Cross and Blue Shield of Alabama is an independent licensee of the Blue Cross and Blue Shield Association.